

# I-BEST Nursing Assistant Program

## Spring 2009

### Classroom Instructors:

#### Linda Harres

Director and Nursing  
Instructor  
[lharres@highline.edu](mailto:lharres@highline.edu)  
(206) 878-3710 ext. 6470  
Office: 15-108  
Tues, Wed, Thu  
7:30 -8:00 a.m.  
Thurs 3:00 p.m.-4:00 p.m.

#### Maurea Maya

Basic Skills Instructor  
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Office: 19-110  
Office hours:  
Tues, Wed, Thu  
3:00 pm- 4:00 pm  
Mon & Fri  
By appointment

### Clinical Instructor:

#### Marina Orobinskaia

Clinical Instructor  
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Office hours by appt.

### Academic Accommodation

### Course description

You will be taking 3 different classes:

1. Nursing A 101 Nursing Assistant Theory (6 credits)  
You will be introduced to basic nursing care, safety and emergency procedures, resident's rights and confidentiality. Principles of therapeutic relationships are presented, as well as the legal/ethical issues related to nursing assistant practice.
2. Nursing A 100 Nursing Assistant Practicum (5 credits)  
You will demonstrate skills discussed in NUR A 100 in both the skills laboratory or in supervised practice in a client care setting.
3. ABE/GED/ESL (5 hours integrated in the course)  
You will improve your communication and study skills to succeed in your Nursing Assistant classes. This is an integrated portion of the class which makes this an I-BEST class. We will be using in-class activities, dialogue journals and the Blackboard Learning System to review and reflect on what you have learned.

### Class times and location

*Please see Spring Quarter calendar for exact dates*

#### Lecture and Practicum

8 a.m. – 3 p.m.  
Tuesday – Thursday  
**Building 26, Room 216**

#### Clinicals

6 am – 2 pm (Day shift)  
2 pm – 10 pm (Evening shift)  
**Judson Park**  
23600 Marine View Dr  
Des Moines, WA

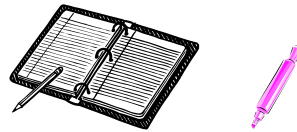
### Course Goals and Objectives

At the completion of the course you will demonstrate:

1. Basic understanding of health care, the role of the nursing assistant and the roles of the various members of the health care team.
2. Effective communication skills with clients, family, and other health care team members. HIPPA confidentiality and mandatory reporting.
3. Basic techniques needed for general health assessment and daily care of clients.
4. Cultural awareness in all aspects of care, and building on students own cultural strengths.
5. English language competence for workplace communication.

If you need help because of a disability or for any other reason, please let us know.

## Tools to help you succeed



1. 3-ring binder with dividers to keep and organize your notes
2. A pen, pencil, and highlighter
3. Lined paper
4. Green/Blue book (buy at the bookstore, \$0.18)
5. Calculator
6. Highline Community College Nursing Assistant Program Student Handbook (provided in class first day)
7. *Nursing Assistants. A Basic Study Guide.* (8<sup>th</sup> ed.) Spokane: First Class Books. You can purchase this book at the Highline Community College bookstore, for approximately \$20
8. *Washington Nursing Assistant Candidate Handbook.* National Nurse Aide Assessment Program. (March 2007) Philadelphia: Promissor. (Free--provided in class on first day & on BlackBoard)

## Expectations

**You need to come to class on time** and be ready to work. In order to have a good reference from the instructors when you apply for a job, you must demonstrate punctuality, accountability, and dependability. Please make 2-3 backup plans on how you can come to class on time.

1. Respect our spaces and others. (*professionalism*)
2. Come to class on time at 8:00 am. (*punctuality & dependability*)
3. Ask questions if you don't understand.
4. Cell phones turned off during class.
5. Have fun!

## Class Attendance and Participation

Active participation in class discussions, assignments, and clinical settings is important to successful learning. You are expected to join in on class discussions, share relevant experiences, and ask questions. Initiative, cooperation, and organizational skills will be emphasized and evaluated at the clinical setting will be part of your overall grade.

## Class Assignments

You are responsible for getting the handouts and completing homework by assigned due dates. Please check the course outline for due dates. If you have a pre-excused absence, you may receive credit for module reviews turned in before your absence. You will not receive credit for CT activity assignments done in class during your absence.

## Exams, quizzes, practicum

- Two written exams (50 points each)
- Four quizzes (25 points each)
- Five medical terminology quizzes (15 points each).
- Clinical Final and Class Final (100 points each). Exams/quizzes will begin at 8 am. If late, there will be no extra time. There will be a 10% reduction in score, if taken after the day the test is given.
- For lab practicum and nurse practicum (clinical) grades will be credit (C) no credit (NC). See the Skills Checklist.
- Complete two certifications: HIV/AIDS and CPR.
- You will take a Pre and Post CASAS test to evaluate your Reading and Math or Listening skills (for ESL students).

**Grades**

Your total grade of the class will depend on the following:

|                                |                   |
|--------------------------------|-------------------|
| Class Participation            | 60 points         |
| Homework                       | 32 points         |
| Critical Thinking Activities   | 122 points        |
| Interactive Group Presentation | 27 points         |
| Quizzes                        | 100 points        |
| Medical Terminology Quizzes    | 75 points         |
| Exams                          | 100 points        |
| Clinical Final                 | 100 points        |
| Written Final                  | 100 points        |
| <b>Total points possible</b>   | <b>716 points</b> |

**Passing Grades**

In order to pass this course, you need to have a "C+" (2.0) or better.

Grading Scale:

**Passing**

|    |         |
|----|---------|
| A  | 96-100% |
| A- | 93-95%  |
| B+ | 89-92%  |
| B  | 85-88%  |
| B- | 82-84%  |
| C+ | 79-81%  |

**Not passing**

|    |             |
|----|-------------|
| C  | 75-78%      |
| C- | 70-74%      |
| D  | 69% or less |

For detailed information, see page 9, Student Handbook.

**Study Buddies**



You will have two study buddies. Study buddies are classmates that help you succeed by updating you with class notes and handouts.

| Study Buddy Names | Contact Information |
|-------------------|---------------------|
|                   |                     |
|                   |                     |

**We are here to help you learn. Have fun! ☺**